

CURRICULUM VITAE

Kristin M. Fellows, D.C.

EDUCATION:

Academy of the Holy Angels High School, Graduation: June 1995

College of St. Benedict and St. John's University, St. Joseph and Collegeville, MN, Biology Major, Graduation: December 1998

Northwestern College of Chiropractic, Doctor of Chiropractic, Graduation: November 2002

PROFESSIONAL EXPERIENCE:

Adjunct Professor at Northwestern Health Science University within the Clinical Preceptor Training Program – training and educating interns (2007 - Present)

Gonstead Methodology Institute lecturer and instructor on cervical chair, case management, instrumentation, and three-on-one instruction - training students and field doctors in the advanced application of the Gonstead Technique (April 2018 – Present)

PRIVATE PRACTICE:

ChiroCenter Bloomington, Associate Gonstead Doctor to Dr. Neal Rich (2002-2003)

Cornerstone Family Chiropractic, Owner, Burnsville / Eagan, MN (2004-Present)

ADDITIONAL EDUCATION AND TRAINING:

Over 1000 seminar hours specifically on instruction in the Gonstead technique of chiropractic (1999 – present)

Classroom and practical studies through Gonstead Seminars, Inc, and Gonstead Methodology Institute, Mt. Horeb, WI / Parkview, IA (1999 – present)

Classroom and practical studies under Dr. John Thatcher, St. Paul, MN – over 1000 hours total (1999 – 2003)

Gonstead Internship under Dr. Neal Rich, Bloomington, MN (2001)

Gonstead Internship under Dr. John Thatcher (2002)

Classroom and practical studies under Dr. Gary Pennebaker, Eden Prairie, MN – over 600 hours total (2003 - 2014)

Gonstead Club, Northwestern College of Chiropractic, Bloomington, MN (Held positions of Secretary and Vice President) – over 700 hours of official study total (February 1999 – November 2002)

Dr. Herb Wood Gonstead chiropractic seminar Bootcamp – 100-hour certification to refine technique and to properly apply the Gonstead system of analysis (2017)

AWARDS and CERTIFICATES:

Minnesota Best Chiropractors 2017
Minnesota Best Chiropractors 2018
Minnesota Best Chiropractors 2019
Gonstead Diplomat, April 2019

AFFILIATIONS:

Christian Chiropractors Association (March 2004 -Present)
Gonstead Clinical Studies Society (March 2004 – Present)
Gonstead Chiropractic Alliance, serving as Secretary and Vice President (November 2002 – Present)
International Chiropractic Association (2017 – Present)
Gonstead Guardians Board Member, serving as Secretary (2018 – Present)

ADDITIONAL TEACHING EXPERIENCE:

Assistant Swimming Instructor (1990 – 1994)
Head Swimming Instructor (1994 – 1998)
Head Coxswain, Crew Team, St. John’s University (training club coxswains) (1997-1998)

INITIATIVES:

Gonstead Ladies Facebook Group (April 2018-present):

Purpose: To provide a supportive environment for female Gonstead doctors and students to encourage, teach, and collaborate with one another in the areas of Gonstead technique instruction; healthy relationships with our male colleagues and marital partners; celebrating successes in Gonstead chiropractic cases; work / personal life balance; help with difficult cases; inspirational thoughts on the science, art, and philosophy of chiropractic; to share business strategies and ideas; and to grow in our number of chiropractors practicing chiropractic using the Gonstead system of analysis and specific adjusting.

VOLUNTEER POSITIONS:

Kindergarten Teacher’s Aide (Fraser School for Special Needs, Bloomington, MN)
Eucharistic Minister (Pax Christi Catholic Community, Eden Prairie, MN)
Friendly Visitor (VA Hospital, St. Cloud, MN)
Crisis Pregnancy Counselor (Birthright, St. Cloud, MN)
Sunday School Teacher (Southtown Baptist Church, Bloomington, MN)
Church Nursery Volunteer (The House Church, Eagan, MN)
Engage Ministry Small Group Leader (The House Church, Eagan, MN)
Alter Prayer Minister (The House Church, Eagan, MN)